

2021-2022 Switzerland of Ohio Local School District School Breakfast Menu
Grades PS-12
(Menu subject to change due to product availability)

Week	Monday Entrée Choices	Tuesday Entrée Choices	Wednesday Entrée Choices	Thursday Entrée Choices	Friday Entrée Choices
1	Chocolate Chip Muffin Whole Grain Cereal Breakfast Bar	Mini Pancake Wraps Whole Grain Cereal Breakfast Bar	Mini Confetti Pancake Whole Grain Cereal Breakfast Bar	Apple Cinnamon French Toast Whole Grain Cereal Breakfast Bar	Egg & Bacon Breakfast Pizza Whole Grain Cereal Breakfast Bar
2	Pop Tart Whole Grain Cereal Breakfast Bar	Mini Blueberry Waffles Whole Grain Cereal Breakfast Bar	Pancake on a Stick Whole Grain Cereal Breakfast Bar	Mini Cinnamon Rolls Whole Grain Cereal Breakfast Bar	Turkey Sausage Breakfast Pizza Whole Grain Cereal Breakfast Bar

Week 1: Aug 31-Sep 3; Sep 13-Sep 17; Sep 27-Oct 1; : Oct 11-Oct 15; Oct 25-Oct 29; Nov 8-Nov 12; Nov 22-Nov 26; Dec 6-Dec 10; Dec 20-Dec 24; Jan 3-Jan7; Jan 17-Jan 21; Feb 14-Feb 18; Feb 28-Mar 4; Mar 14-18; Mar 28-Apr 1; Apr 11-15; Apr 25-Apr 29; May 9-13; May23-May 27; Jun 6-10
Week 2: Sep 6-Sep10; Sep 20-Sep 24; Oct 4-Oct 8; Oct 18-Oct 22; Nov 1-Nov5; Nov 15-Nov 19; Nov 29-Dec 3; Dec 13-Dec 17; Dec 27-Dec 31; Jan 10-Jan 14; Jan 24-Jan 28; Feb 7-Feb 11; Feb 21-Feb 25; Mar 7-Mar 11; Mar 21-Mar 25; Apr 4-Apr 8; Apr 18-Apr 22; May 2-May 6; May 16-May20; May 30 – Jun3

Bread, Pasta and Whole Grains may include: sliced bread, buns, rolls, flatbreads, pita, and tortilla shells

Fruits may include: fresh or canned apples, bananas, oranges, fruit cocktail, mandarin oranges, pineapple, applesauce, pears, grapes, and peaches

Condiments may include: syrup, ranch dressing, and ketchup

Breakfast (4-5 items)

- ☺ 1 main entrée
- ☺ 2 fruits, but can take just 1
- ☺ 2 veggie choices, but can take just 1 (each potato item is considered 1 veggie choice)
- ☺ 1 milk

Students must choose 3 components, one being fruit and/or veggies



**Meals
 prepared by
 ServSafe
 Certified
 Cooks**